



October 2024

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
“H” Week	1 Breakfast: Cinnamon rolls, fruit, milk AM Snack: Honeydew, graham crackers Lunch: Sloppy joe, tater tots, green beans, fruit, milk PM Snack: Strawberry Cheerios, milk	2 Breakfast: Muffins, juice, milk AM Snack: Honeycombs, milk Lunch: Grilled cheese, tomato soup, pickles, fruit, milk PM Snack: Jell-O, fruit	3 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Ho-Ho’s, milk Lunch: Cheeseburger, French fries, pickles, fruit, milk PM Snack: Pizza bites	4 Breakfast: Pancakes & bacon, juice, milk AM Snack: H cookies Lunch: Hoagie, chips, cucumbers, fruit, milk PM Snack: Yogurt, animal crackers
7 “Fire Prevention & Safety” Week Breakfast: Yogurt, fruit, juice, milk AM Snack: Graham crackers & grapes Lunch: Turkey & cheese sandwich, chips, pickles, fruit, milk PM Snack: Rice cakes, dried fruit	8 Breakfast: Waffle, milk AM Snack: Cheese stick, crackers Lunch: Chicken patty sandwiches, tater tots, green beans, fruit, milk PM Snack: Nachos and cheese	9 Breakfast: Donuts, juice, milk AM Snack: Granola bar, milk Lunch: Pizza, salad, fruit, milk PM Snack: Yogurt and crackers	10 Breakfast: Sausage sandwich, juice, milk AM Snack: Banana pudding and vanilla wafers Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Pretzels, carrots, ranch	11 Breakfast: French toast, milk AM Snack: Popcorn, juice Lunch: Ham, scalloped potatoes, corn, fruit, milk PM Snack: Bagel bites
14 ”T” Week Breakfast: Pop tart, juice, milk AM Snack: Teddy grahams, milk Lunch: Taco, rice, corn, fruit, milk PM Snack: Ice cream	15 Breakfast: Cheese and cinnamon toast, juice, milk AM Snack: T cookies, milk Lunch: Ham bar B-Q, chips, green beans, fruit, milk PM Snack: Cucumbers, carrots, dip	16 Breakfast: Fruit & yogurt, juice, milk AM Snack: Triscuits & cheese Lunch: Macaroni and cheese, peas applesauce, milk PM Snack: Granola bars, milk	17 Breakfast: Breakfast burrito, juice, milk AM Snack: Trail mix, milk Lunch: Roast, potatoes, carrots, fruit, milk PM Snack: Apples, dip	18 Breakfast: Breakfast casserole, milk AM Snack: Tortilla chips, cheese Lunch: Hot dog, tater tots, peas, fruit, milk PM Snack: Goldfish & juice
21 “I” Week Breakfast Scrambled eggs, toast, juice, milk AM Snack: Ice cream sandwich Lunch: Cheeseburger, French fries, green beans, fruit, milk PM Snack: Cheese, pepperoni, crackers	22 Breakfast: Cereal, milk AM Snack: I cookies Lunch: Chicken tenders, mashed potatoes, corn, fruit, milk PM Snack: S’mores trail mix	23 Breakfast: French toast, juice, milk AM Snack: Incredible puff corn Lunch: Steak or chicken salad, French fries, fruit, milk PM Snack: Pudding, animal crackers	24 Breakfast: Sausage gravy & biscuits, juice, milk AM Snack: Ice pops, graham crackers Lunch: Spaghetti, meatballs, salad, fruit, milk PM Snack: Bananas & yogurt	25 Breakfast: Eggs & bacon, fruit, milk AM Snack: Irresistible orange slices Lunch: Nachos supreme, fruit, milk PM Snack: String cheese, crackers
28 “Harvest” Week Breakfast: Bagels, juice, milk AM Snack: Donuts & cider Lunch: Chicken, stuffing, mashed potatoes, fruit, milk PM Snack: Cottage cheese & fruit	29 Breakfast: Toaster strudel, juice, milk AM Snack: Pumpkin cookie Lunch: Sloppy joe, tater tots, fruit, milk PM Snack: String cheese, crackers	30 Breakfast: Muffins, juice, milk AM Snack: Spice cake Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Pepperoni, cheese & crackers	31 Harvest Party Breakfast: Pop tart, juice, milk AM Snack: Harvest mix Lunch: Chicken fettuccini, broccoli, fruit, milk PM Snack: Mini wheats, milk	

Water will be offered with snacks. This menu is subject to change.