


# January 2025

## Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>“Winter” Week</b>		Closed 	<b>2</b> Breakfast: Pop Tarts, juice, milk AM Snack: Corn chips and cheese Lunch: Cheeseburger, tator tots, pickles, fruit, milk PM Snack: Nutra grain bars, milk	<b>3</b> Breakfast: Muffins, juice, milk AM Snack: Cinnamon toast crunch Lunch: Baked chicken, mashed potatoes, green beans, fruit, milk PM Snack: Veggie straws & juice
<b>6 “O” Week</b> Breakfast: Sausage gravy biscuits, juice, milk AM Snack: Oatmeal cookies Lunch: Ham, scalloped potatoes, corn, fruit, milk PM Snack: Angel eggs & crackers	<b>7</b> Breakfast: Bagel, milk, juice AM Snack: Oranges Lunch: Meatloaf, mashed potatoes, corn, fruit, milk PM Snack: Candied cheerios	<b>8</b> Breakfast: Cereal, milk, juice AM Snack: “O” Cookies Lunch: Grilled cheese sandwich tomato soup, pickles, fruit, milk PM Snack: Yogurt & animal crackers	<b>9</b> Breakfast: French toast, juice, milk AM Snack: Orange sherbet Lunch: Macaroni and cheese, peas, fruit, milk PM Snack: Pizza rolls	<b>10</b> Breakfast: Cinnamon/cheese toast, fruit, juice, milk AM Snack: Oreos and milk Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Cheese sticks & crackers
<b>13 “Shape &amp; Color” Week</b> <b>Red</b> Breakfast: Cereal, milk, juice AM Snack: Cheese-its Lunch: Steak or chicken salad, fruit, milk PM Snack: Popcorn, juice	<b>14</b> <b>Green</b> Breakfast: Egg & bacon sandwich, juice, milk AM Snack: Graham crackers & pudding Lunch: Chicken patty sandwich, chips, pickle, fruit, milk PM Snack: Éclair cake, milk	<b>15</b> <b>Blue</b> Breakfast: Breakfast casserole, juice, milk AM Snack: Bugles Lunch: Hoagie, chips, cucumbers, fruit, milk PM Snack: Apple crisp, milk	<b>16</b> <b>Orange</b> Breakfast: Sausage sandwich, juice, milk AM Snack: Grapes and crackers Lunch: Turkey and cheese wraps, Doritos, pickles, fruit, milk PM Snack: Trail mix	<b>17</b> <b>Black &amp; Gold</b> Breakfast: Pancakes and sausage, juice, milk AM Snack: Sliced banana Lunch: Corn dogs, french fries, fruit, milk PM Snack: Crackers & cheese
<b>20 “G” Week</b> Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Grapes Lunch: Pizza, salad, fruit, milk PM Snack: Goldfish, juice	<b>21</b> Breakfast: Waffles, juice, milk AM Snack: Goldfish crackers Lunch: Hot ham & cheese sandwich, chips, Carrot fruit, milk PM Snack: Pretzels, carrots, dip	<b>22</b> Breakfast: Cereal, juice, milk AM Snack: “G” Cookies Lunch: Hot dog, french fries, peas, fruit, milk PM Snack: Nachos & cheese	<b>23</b> Breakfast: Cinnamon & cheese toast, juice, milk AM Snack: Granola bars Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Jell-O	<b>24</b> Breakfast: Muffin, juice, milk AM Snack: Gingerbread Lunch: Rotini, salad, bread, fruit, milk PM Snack: Apple slices, dip
<b>27 “Q” Week</b> Breakfast: Sausage gravy, biscuit, juice, milk AM Snack: Quackers and cheese Lunch: Pierogis, salad, fruit, milk PM Snack: Yogurt, animal crackers	<b>28</b> Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Queso and chips Lunch: Meatballs, green beans, applesauce, milk PM Snack: Nachos & cheese	<b>29</b> Breakfast: Toaster strudel, juice, milk AM Snack: “Q” cookies Lunch: Taco, rice, fruit, milk PM Snack: Cheese puffs	<b>30</b> Breakfast: Pancakes, milk, juice AM Snack: Quiche Lunch: Ravioli, salad, fruit, milk PM Snack: Cheese, pepperoni, crackers	<b>31</b> Breakfast: Sausage biscuit, juice, milk AM Snack: Quesedilla Lunch: Ham BBQ, Tator tots, corn, fruit, milk PM Snack: Cottage cheese and fruit

**Water will be offered with snacks. This menu is subject to change.**