



August 2025

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Insect Week				1 Breakfast: Cinnamon rolls, juice, milk AM Snack: Applesauce, teddy grahams Lunch: Macaroni and cheese, peas, applesauce, milk PM Snack: Goldfish, juice
4 Utah National Parks Breakfast: Scrambled eggs, toast, fruit, milk AM Snack: Jell-o, whipped cream Lunch: Pierogis, salad, fruit, milk PM Snack: S'mores trail mix, milk	5 Breakfast: Fresh fruit, yogurt & toast, milk AM Snack: Sand Dessert Lunch: Meatballs, garlic bread, fruit, milk PM Snack: Pretzels, carrots, ranch	6 Breakfast: Egg cups, juice, milk AM Snack: Cookies, milk Lunch: Sloppy joes, tator tots, peas, fruit, milk PM Snack: Yogurt & crackers	7 Breakfast: Breakfast sandwich, juice, milk AM Snack: Granola bars, milk Lunch: Roast, potatoes, carrots, fruit and milk PM Snack: Fudgesicles	8 Breakfast: Toaster strudel, juice, milk AM Snack: Caramel rice cakes, milk Lunch: Chicken, rice, broccoli, fruit, milk PM Snack: Brownies and milk
11 Grand Canyon Breakfast: Pop tarts, juice, milk AM Snack: Angel eggs, crackers Lunch: Fish sticks, noodles, corn, fruit, milk PM Snack: Fruit Loops, milk	12 Breakfast: Pancakes, sausage, juice, milk AM Snack: Cheez it's, juice Lunch: Rotini, salad, fruit, milk PM Snack: Pizza rolls	13 Breakfast: Cereal, juice, milk AM Snack: Veggie straws Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Cheese, pepperoni, crackers	14 Breakfast: French toast, juice, milk AM Snack: Apples & dip Lunch: Cheeseburger, French fries, pickles, fruit, milk PM Snack: Popcorn, juice	15 Breakfast: Bagels, juice, milk AM Snack: Hot pretzels & cheese Lunch: Chicken quesadillas, corn, fruit, milk PM Snack: Ice cream sundae
18 San Francisco Breakfast: Cinnamon/cheese toast, juice, milk AM Snack: Cottage cheese & fruit Lunch: Ham, potatoes, green beans, fruit, milk PM Snack: Popsicles, graham crackers	19 Breakfast: Breakfast casserole, juice, milk AM Snack: Trail mix, milk Lunch: Chicken/Steak salad, fruit, milk PM Snack: Fruit pizza	20 Breakfast: Waffles, bacon, juice, milk AM Snack: Cheese balls, juice Lunch: Chicken patty sandwich, tator tots, green beans, fruit, milk PM Snack: Fruit & cheese	21 Breakfast: Sausage gravy & biscuits, juice, milk AM Snack: Cinnamon toast crunch, milk Lunch: Pancakes, bacon, fruit, milk PM Snack: Nachos and cheese	22 Breakfast: Donuts, milk AM Snack: Rice crispy treat, milk Lunch: Spaghetti with meat sauce, garlic bread, salad, fruit, milk PM Snack: Frozen yogurt
25 Getting Acquainted & All About Me Week (First week of Pre-K) Breakfast: Cereal, juice, milk AM Snack: Bananas & 'nilla wafers Lunch: Pizza, salad, fruit, milk PM Snack: Cheerio clusters, milk	26 Breakfast: Toaster strudel, juice, milk AM Snack: Cheese stick, crackers Lunch: Tacos, rice, applesauce, milk PM Snack: Pudding, graham crackers	27 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Fresh fruit cones Lunch: Corn dogs, french fries, corn, fruit, milk PM Snack: Brownies and milk	28 Breakfast: Muffin, juice, milk AM Snack: Ice cream cones Lunch: Baked chicken, stuffing, mashed potatoes, corn, fruit, milk PM Snack: Apple crisp, milk	29 Breakfast: Breakfast burrito, juice, milk AM Snack: Eclair cake, milk Lunch: Ham & cheese sandwiches, chips, pickles, fruit, milk PM Snack: Pizza rolls

Water will be offered with snacks. This menu is subject to change.