



# September 2025

## Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>1 “L” Week</b>  <b>LABOR DAY</b> <b>DAY CARE CLOSED</b>	<b>2</b> Breakfast: Fresh fruit, yogurt, toast, juice, milk AM Snack: Lucky Charms and Milk Lunch: Cheeseburger, French fries, corn, pickles, fruit, milk PM Snack: Crackers and cheese and pepperoni	<b>3</b> Breakfast: Cereal, juice, milk AM Snack: “L” cookies, milk Lunch: Kielbasa, noodles, green beans, fruit, milk PM Snack: Popcorn, juice	<b>4</b> Breakfast: Bacon, pancake, juice, milk AM Snack: Little carrots and dip Lunch: Turkey and cheese sandwich, chips, pickles, fruit, milk PM Snack: Granola bar, milk	<b>5 Luau Party</b> Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Luau fresh fruit salad Lunch: Ham, scalloped potatoes, green beans, fruit, milk PM Snack: Fudgesicle
<b>8 “F” Week</b> Breakfast: Waffle, bacon, juice, milk AM Snack: Gold Fish, juice Lunch: Pizza, salad, fruit, milk PM Snack: Trail mix, milk	<b>9</b> Breakfast: Breakfast burrito, juice, milk AM Snack: “F” cookies, milk Lunch: Grilled cheese, tomato soup, pickles, fruit, milk PM Snack: Cottage cheese, fruit	<b>10</b> Breakfast: Egg cup, juice, milk AM Snack: Fig Newtons Lunch: Steak or chicken salad, bread, fruit, milk PM snack: Carrots, cucumbers, ranch	<b>11</b> Breakfast: Bagel, milk, juice AM Snack: Fresh fruit and cheese Lunch: Macaroni & cheese, peas, applesauce, fruit, milk PM Snack: Soft pretzel & cheese	<b>12</b> Breakfast: Muffin, milk, juice AM Snack: Fruit loops, milk Lunch: Nacho supreme, fruit, milk PM Snack: Yogurt, graham crackers
<b>15 “Fall” Week</b> Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: S’mores trail mix, milk Lunch: Hot dogs/bun, French fries, green beans, fruit, milk PM Snack: Nachos & cheese	<b>16</b> Breakfast: Breakfast sandwich, milk, juice AM Snack: Pumpkin cookie, milk Lunch: Pepperoni bread, sauce, cucumber slices, fruit, milk PM Snack: Cream puff cake, milk	<b>17</b> Breakfast: Muffin, milk, juice AM Snack: Apple chips Lunch: Fish sticks, tator tots, corn, fruit, milk PM Snack: Pudding, animal crackers	<b>18</b> Breakfast: Yogurt, fruit, toast, juice, milk AM Snack: Leaf cookie, milk Lunch: Baked chicken, mashed potatoes, corn, fruit, milk PM Snack: Ice cream sandwich	<b>19 Grandparent’s Day</b> Breakfast: Scrambled eggs, toast, milk, juice AM Snack: Donut and cider Lunch: Lasagna, garlic bread, salad, fruit, milk PM Snack: Carrots/pretzels & ranch dip
<b>22 “E” Week</b> Breakfast: Cereal, juice, milk AM Snack: English muffins, juice Lunch: Pierogis, salad, fruit, milk PM Snack: Gold fish, juice	<b>23</b> Breakfast: Donut, juice, milk AM Snack: “E” Cookies Lunch: Ham & cheese spiral, chips, cucumbers, fruit, milk PM Snack: Red velvet cake, milk	<b>24</b> Breakfast: Pancake, sausage, juice, milk AM Snack: Éclair cake, milk Lunch: Meat loaf, mashed potatoes, peas, fruit, milk PM Snack: Candied Cheerios, milk	<b>25</b> Breakfast: Sausage gravy & biscuit juice, milk AM Snack: Empire apples, dip Lunch: Taco, rice, corn, fruit, milk PM Snack: String cheese & crackers	<b>26</b> Breakfast: French toast sticks, juice, milk AM Snack: (angel) Eggs and crackers Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Watermelon & grapes
<b>29 “H” Week</b> Breakfast: Waffles, milk, juice AM Snack: Honey Buns Lunch: Chicken, rice, broccoli, cheese sauce, milk PM Snack: Apple crisp, milk	<b>30</b> Breakfast: Cinnamon rolls, milk, juice AM Snack: Honeydew & pudding Lunch: Johnny Marzetti, garlic knot, green beans, fruit, milk PM Snack: Brownie , milk			

Water will be offered with snacks. This menu is subject to change.