



October 2025

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
"H" Week		1 Breakfast: Pop tarts, juice, milk AM Snack: Honeycombs, milk Lunch: Grilled cheese, tomato soup, pickles, fruit, milk PM Snack: Jell-O, fruit	2 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Ho-Ho's, milk Lunch: Cheeseburger, French fries, pickles, fruit, milk PM Snack: Pizza bites	3 Breakfast: Pancakes & bacon, juice, milk AM Snack: H cookies Lunch: Pizza cups, cucumbers, fruit, milk PM Snack: Yogurt, animal crackers
6 "Fire Prevention & Safety" Week Breakfast: Yogurt, fruit, juice, milk AM Snack: Graham crackers & grapes Lunch: Turkey & cheese sandwich, chips, pickles, fruit, milk PM Snack: Rice cakes, dried fruit	7 Breakfast: Waffle, milk AM Snack: Cheese stick, crackers Lunch: Chicken patty sandwiches, tater tots, green beans, fruit, milk PM Snack: Nachos and cheese	8 Breakfast: Donuts, juice, milk AM Snack: Granola bar, milk Lunch: Pizza, salad, fruit, milk PM Snack: Yogurt and crackers	9 Breakfast: Sausage sandwich, juice, milk AM Snack: Banana pudding and vanilla wafers Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Pretzels, carrots, ranch	10 Breakfast: Breakfast pizza, milk AM Snack: Popcorn, juice Lunch: Ham, scalloped potatoes, corn, fruit, milk PM Snack: Bagel bites
13 "T" Week Breakfast: Pop tart, juice, milk AM Snack: Teddy grahams, milk Lunch: Taco, rice, corn, fruit, milk PM Snack: Ice cream sundaes	14 Breakfast: Cheese and cinnamon toast, juice, milk AM Snack: T cookies, milk Lunch: Perogies and kielbasa, green beans, fruit, milk PM Snack: Cucumbers, carrots, dip	15 Breakfast: Pancake on a stick, juice, milk AM Snack: Triscuits & cheese Lunch: Macaroni and cheese, peas applesauce, milk PM Snack: Granola bars, milk	16 Breakfast: Breakfast burrito, juice, milk AM Snack: Tasty apple pizza, milk Lunch: Roast, potatoes, carrots, fruit, milk PM Snack: Rice crispy treats	17 Breakfast: Breakfast casserole, milk AM Snack: Tortilla chips, cheese Lunch: Beef vegetable soup, crackers, fruit, milk PM Snack: Goldfish & juice
20 "I" Week Breakfast Scrambled eggs, toast, juice, milk AM Snack: Ice cream sandwich Lunch: Cheeseburger, French fries, green beans, fruit, milk PM Snack: Cheese, pepperoni, crackers	21 Breakfast: Cereal, milk AM Snack: I cookies Lunch: Chicken tenders, mashed potatoes, corn, fruit, milk PM Snack: S'mores trail mix	22 Breakfast: French toast, juice, milk AM Snack: Incredible puff corn Lunch: Steak or chicken salad, French fries, fruit, milk PM Snack: Pudding, animal crackers	23 Breakfast: Sausage gravy & biscuits, juice, milk AM Snack: Ice pops, graham crackers Lunch: Spaghetti, meatballs, salad, fruit, milk PM Snack: Bananas & yogurt	24 Breakfast: Eggs & bacon, fruit, milk AM Snack: Irresistible orange slices Lunch: Nachos supreme, fruit, milk PM Snack: String cheese, crackers
27 "Harvest" Week Breakfast: Bagels, juice, milk AM Snack: Donuts & cider Lunch: Chicken, stuffing, mashed potatoes, fruit, milk PM Snack: Cottage cheese & fruit	28 Breakfast: Toaster strudel, juice, milk AM Snack: Pumpkin cookie Lunch: Pizza dippers, sauce, cucumbers, fruit, milk PM Snack: String cheese, crackers	29 Breakfast: Muffins, juice, milk AM Snack: Spice cake Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Pepperoni, cheese & crackers	30 Breakfast: Cinnamon rolls, fruit, milk AM Snack: Harvest mix Lunch: Corn dogs, French fries, candied carrots, fruit, milk PM Snack: Dirt, milk	31 Harvest Party Breakfast: Hash browns, sausage, juice, milk AM Snack: Candy corn surprise Lunch: Hamburger gravy over noodles, corn, fruit, milk PM Snack: Soft pretzel, cheese

Water will be offered with snacks. This menu is subject to change.