



January 2026

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
“Winter” Week			1 CLOSED 	2 Breakfast: Muffins, juice, milk AM Snack: Cinnamon toast crunch Lunch: Baked chicken, mashed potatoes, green beans, fruit, milk PM Snack: Veggie straws & juice
5 “O” Week Breakfast: Sausage gravy biscuits, juice, milk AM Snack: Oatmeal cookies Lunch: Cheese tortellini, garlic bread, cucumbers, fruit, milk PM Snack: Angel eggs & crackers	6 Breakfast: Bagel, milk, juice AM Snack: Oranges Lunch: Meatloaf, mashed potatoes, corn, fruit, milk PM Snack: Candied cheerios	7 Breakfast: Cereal, milk, juice AM Snack: “O” Cookies Lunch: Grilled cheese sandwich tomato soup, pickles, fruit, milk PM Snack: Yogurt & animal crackers	8 Breakfast: French toast, juice, milk AM Snack: Orange sherbet Lunch: Macaroni and cheese, peas, fruit, milk PM Snack: Pizza rolls	9 Breakfast: Cinnamon/cheese toast, fruit, juice, milk AM Snack: Oreos and milk Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Doritos
12 “Shape & Color” Week Red Breakfast: Cereal, milk, juice AM Snack: Cheese-its Lunch: Steak or chicken salad, fruit, milk PM Snack: Popcorn, juice	13 Green Breakfast: Egg & bacon sandwich, juice, milk AM Snack: Fruit Loops & milk Lunch: Chicken patty sandwich, chips, pickle, fruit, milk PM Snack: Éclair cake, milk	14 Blue Breakfast: French toast, juice, milk AM Snack: Bugles Lunch: Hoagie, chips, cucumbers, fruit, milk PM Snack: Apple crisp, milk	15 Orange Breakfast: Sausage sandwich, juice, milk AM Snack: Kiwi & pretzel sticks Lunch: Cheeseburger, Tator tots, pickles, fruit, milk PM Snack: Cheese puffs	16 Black & Gold Breakfast: Pancakes and sausage, juice, milk AM Snack: Sliced banana & Teddy grahams Lunch: Corn dogs, French fries, fruit, milk PM Snack: Crackers & cheese
19 “G” Week Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Grapes & gram crackers Lunch: Pizza, salad, fruit, milk PM Snack: Pretzels, carrots, dip	20 Breakfast: Waffles, juice, milk AM Snack: Goldfish crackers, juice Lunch: Hot ham & cheese sandwich, chips, carrot, fruit, milk PM Snack: Fruit salad	21 Breakfast: Cereal, juice, milk AM Snack: “G” Cookies Lunch: Hot dog, French fries, peas, fruit, milk PM Snack: Bagel bites	22 Breakfast: Cinnamon & cheese toast, juice, milk AM Snack: Granola bars Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Rice Krispies	23 Breakfast: Muffin, juice, milk AM Snack: Gingerbread Lunch: Rotini, salad, bread, fruit, milk PM Snack: Apple slices, dip
26 “Q” Week Breakfast: Sausage gravy, biscuit, juice, milk AM Snack: Quackers and cheese Lunch: Pierogis, salad, fruit, milk PM Snack: Yogurt, animal crackers	27 Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Queso and chips Lunch: Meatballs, green beans, applesauce, milk PM Snack: Check mix	28 Breakfast: Toaster strudel, juice, milk AM Snack: “Q” cookies Lunch: Taco, rice, fruit, milk PM Snack: Nachos & cheese	29 Breakfast: Pancakes, milk, juice AM Snack: Quiche Lunch: Ravioli, salad, fruit, milk PM Snack: Cheese, pepperoni, crackers	30 Breakfast: Sausage biscuit, juice, milk AM Snack: Quesadilla Lunch: Ham BBQ, Tator tots, corn, fruit, milk PM Snack: Cheerios, milk

Water will be offered with snacks. This menu is subject to change.