



September 2026

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
31 “Getting Acquainted & All About Me” Week	1 Breakfast: Fresh fruit, yogurt, toast, juice, milk AM Snack: Nachos & Cheese Lunch: Cheeseburger, French fries, corn, pickles, fruit, milk PM Snack: Crackers and cheese and pepperoni	2 Breakfast: Cereal, juice, milk AM Snack: Teddy grahams, applesauce Lunch: Kielbasa, noodles, green beans, fruit, milk PM Snack: Popcorn, juice	3 Breakfast: Bacon, pancake, juice, milk AM Snack: Goldfish, juice Lunch: Turkey and cheese sandwich, chips, pickles, fruit, milk PM Snack: Granola bar, milk	4 Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Watermelon and grapes Lunch: Chicken fettuccini, broccoli, fruit, milk PM Snack: Fudgesicle, graham crackers
7 “L” Week LABOR DAY DAY CARE CLOSED	8 Breakfast: Breakfast burrito, juice, milk AM Snack: “L” cookies, milk Lunch: Grilled cheese, tomato soup, pickles, fruit, milk PM Snack: Cottage cheese, fruit	9 Breakfast: Egg cup, juice, milk AM Snack: Little carrots and dip Lunch: Steak or chicken salad, bread, fruit, milk PM snack: Carrots, cucumbers, ranch	10 Breakfast: Bagel, milk, juice AM Snack: Little Debbie snack cakes Lunch: Macaroni & cheese, peas, applesauce, fruit, milk PM Snack: Soft pretzel & cheese	11 Luau Party Breakfast: Muffin, milk, juice AM Snack: Luau fresh fruit salad Lunch: Nacho supreme, fruit, milk PM Snack: Yogurt, graham crackers
14 “F” Week Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Fruit snacks, animal crackers Lunch: Hot dogs/bun, French fries, green beans, fruit, milk PM Snack: Nachos & cheese	15 Breakfast: Breakfast sandwich, milk, juice AM Snack: “F” cookies, milk Lunch: Pepperoni bread, sauce, cucumber slices, fruit, milk PM Snack: Cream puff cake, milk	16 Breakfast: Muffin, milk, juice AM Snack: Fig Newtons, milk Lunch: Fish sticks, tator tots, corn, fruit, milk PM Snack: Pudding, animal crackers	17 Breakfast: Yogurt, fruit, toast, juice, milk AM Snack: Fresh fruit and cheese Lunch: Baked chicken, mashed potatoes, corn, fruit, milk PM Snack: Ice cream sandwich	18 Grandparent’s Day Breakfast: Scrambled eggs, toast, milk, juice AM Snack: Fruit loops, milk Lunch: Lasagna, garlic bread, salad, fruit, milk PM Snack: Carrots/pretzels & ranch dip
21 “Fall” Week Breakfast: Cereal, juice, milk AM Snack: Pumpkin cookie, milk Lunch: Pierogis, salad, fruit, milk PM Snack: Gold fish, juice	22 Breakfast: Donut, juice, milk AM Snack: S’mores trail mix, milk Lunch: Ham & cheese spiral, chips, cucumbers, fruit, milk PM Snack: Red velvet cake, milk	23 Breakfast: Pancake, sausage, juice, milk AM Snack: Apple chips Lunch: Meat loaf, mashed potatoes, peas, fruit, milk PM Snack: Candied Cheerios, milk	24 Breakfast: Sausage gravy & biscuit juice, milk AM Snack: Leaf cookie, milk Lunch: Taco, rice, corn, fruit, milk PM Snack: String cheese & crackers	25 Breakfast: French toast sticks, juice, milk AM Snack: Donut and cider Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Veggie straws, juice
28 “E” Week Breakfast: Waffles, milk, juice AM Snack: English muffins, juice Lunch: Chicken, rice, broccoli, cheese sauce, milk PM Snack: Apple crisp, milk	29 Breakfast: Cinnamon rolls, milk, juice AM Snack: “E” Cookies Lunch: Johnny Marzetti, garlic knot, green beans, fruit, milk PM Snack: Cheez Its, juice	30 Breakfast: Breakfast Pizza, juice, milk AM Snack: Éclair Cake, milk Lunch: Pizza dippers, sauce, cucumber slices, fruit, milk PM Snack: Yogurt and Nilla wafers		

Water will be offered with snacks. This menu is subject to change.